**WSU001\_2015\_12\_8**

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| 00:00:12.8 | HCP1 | All right. So how are you doing? |
| 00:00:14.3 | PT | I’m doing pretty good. |
| 00:00:15.2 | HCP1 | You’re doing well. Have you had any sicknesses recently at all? |
| 00:00:18.3 | PT | No. |
| 00:00:19.8 | HCP1 | No. Haven’t been in the hospital. |
| 00:00:21.7 | PT | No. |
| 00:00:22.2 | HCP1 | No [00:00:22.2] or anything. |
| 00:00:23.6 | PT | No. |
| 00:00:23.8 | HCP1 | I know last time you had some issues dealing with diarrhea. |
| 00:00:29.3 | PT | Yes. |
| 00:00:29.4 | HCP1 | But you’re doing okay now. |
| 00:00:30.4 | PT | Yes. |
| 00:00:30.9 | HCP1 | It resolved on its own. |
| 00:00:31.8 | PT | Yes. |
| 00:00:31.9 | HCP1 | Okay, great. Good. How is the medication going? |
| 00:00:35.8 | PT | It’s good. I wanted to know if there’s maybe another action that I could take, because, I don’t know. I know that I’ve been having a few side effects from the medication. I don’t know if it’s actually coming from the medication, but I don’t like how it makes me feel. |
| 00:00:52.6 | HCP1 | Okay. And you’re on – I’m sorry, I can’t find it in here. What are you taking? |
| 00:00:56.3 | PT | Complera. |
| 00:00:56.8 | HCP1 | Oh, yes, there is its. Okay. Complera. Okay. And so you don’t like how it makes you feel. How? What is …? |
| 00:01:01.5 | PT | It makes me feel lightheaded. |
| 00:01:03.1 | HCP1 | Lightheaded. |
| 00:01:03.8 | PT | I need to lay my head down. |
| 00:01:05.1 | HCP1 | Okay. That’s been since you started the medication, or is it a newer thing? |
| 00:01:08.7 | PT | It’s been going on since last Saturday. |
| 00:01:11.2 | HCP1 | Okay. And when did you start Complera, exactly? Do you remember? |
| 00:01:15.1 | PT | I want to say maybe a year ago. |
| 00:01:17.0 | HCP1 | A year ago. Okay. So now after a year, on and off, you have lightheadedness. |
| 00:01:21.2 | PT | Yes. |
| 00:01:21.5 | HCP1 | Do you know if it’s a certain part in the day that you have lightheadedness? |
| 00:01:24.5 | PT | Normally in the morning or in the afternoon. |
| 00:01:26.5 | HCP1 | In the morning. When do you take the medication? |
| 00:01:28.3 | PT | Sometimes at night, or sometimes in the morning if I forget. |
| 00:01:31.4 | HCP1 | Okay. So [00:01:32.5] it’s always in the morning, even though … |
| 00:01:34.7 | PT | Right. |
| 00:01:34.8 | HCP1 | … it doesn’t matter what time you take it. |
| 00:01:36.5 | PT | Right. |
| 00:01:36.7 | HCP1 | Do you get any other symptoms? Do you feel dizzy? |
| 00:01:39.2 | PT | When I feel lightheaded, I do feel dizzy. |
| 00:01:41.7 | HCP1 | Okay. Do you ever feel sick, like you’re going to throw up? |
| 00:01:44.1 | PT | Um, no, not really. Normally, once I feel dizzy, I want to just put my head down, because it feels like my head is just spinning. |
| 00:01:51.4 | HCP1 | Okay. And how many times in a week does that happen? |
| 00:01:54.7 | PT | Um, most of the time I take the medications. |
| 00:01:57.5 | HCP1 | So most of the time. Like, almost every day, or every other day? Okay. Okay. All right. And for the meds, how many times have you missed them in the past month? The Complera – how many times have you missed? |
| 00:02:07.1 | PT | Maybe a week. |
| 00:02:08.5 | HCP1 | Maybe a week total. Okay. All right. Because of the symptoms. |
| 00:02:11.8 | PT | Yes. |
| 00:02:11.8 | HCP1 | Is that why? Okay. Okay. Anything else you can think of that’s bothering you that might be associated with that? Any other…? |
| 00:02:18.6 | PT | Um, I think this is good. |
| 00:02:20.3 | HCP1 | Okay. All right. Okay. And then, do you ever, um, get any other – like, before you pass out, does anything happen, or after you pass out, does anything – or feel you’re going to pass out? Because you don’t actually pass out. |
| 00:02:31.8 | PT | No. [00:02:32.5] |
| 00:02:31.8 | HCP1 | Okay. Is it something – you know, does it start off as, like, a sickness in your tummy? What kind of …? |
| 00:02:36.9 | PT | Um, it’s – no, not really. |
| 00:02:41.9 | HCP1 | So you just kind of feel dizzy. |
| 00:02:42.4 | PT | I just know when it’s – yes. |
| 00:02:43.6 | HCP1 | Okay. |
| 00:02:44.0 | PT | I just know when I’m about to start feeling dizzy. |
| 00:02:45.9 | HCP1 | Okay. And you kind of just feel like you have to sit down. |
| 00:02:47.9 | PT | Yes. |
| 00:02:48.4 | HCP1 | Okay. All right. But never [00:02:49.7] lost consciousness. |
| 00:02:50.8 | PT | Right. |
| 00:02:51.3 | HCP1 | All right. Okay. And how is life in general going? Okay? |
| 00:02:55.5 | PT | Um, it’s, it’s doing okay. I know I had a few thefts recently. |
| 00:03:01.2 | HCP1 | Oh. I’m sorry. |
| 00:03:02.2 | PT | Um, it’s okay. I mean, I’m depressed. My job had me on leave … |
| 00:03:07.2 | HCP1 | Okay. |
| 00:03:07.4 | PT | … for about a month. I think I’m returning back tomorrow. I have to find out … |
| 00:03:11.7 | HCP1 | Okay. |
| 00:03:11.6 | PT | … what’s going on later on today. Um, but other than that, it’s been fine. |
| 00:03:15.3 | HCP1 | Okay. So just like kind of some personal stuff getting through it but starting back up at work. |
| 00:03:18.7 | PT | Yes. |
| 00:03:18.7 | HCP1 | Okay. Now, where do you work again? I’m sorry. |
| 00:03:20.7 | PT | Um, Walgreen’s Specialty Pharmacy. |
| 00:03:22.0 | HCP1 | Walgreen’s. Do you like it there? Everything okay? |
| 00:03:23.9 | PT | Yes. |
| 00:03:24.3 | HCP1 | Good. You’re full time, part time …? |
| 00:03:26.2 | PT | Um, full time. |
| 00:03:27.1 | HCP1 | Okay, great. Awesome. And where are you – where are you living? Where … [00:03:31.0] |
| 00:03:31.0 | PT | In Taylor. |
| 00:03:31.4 | HCP1 | In Taylor. Okay. And is it just you, or …? |
| 00:03:33.5 | PT | It’s me and my ma. |
| 00:03:34.3 | HCP1 | And your mom. Okay. Does she know about your status? |
| 00:03:36.0 | PT | Yes. |
| 00:03:36.4 | HCP1 | Good. Okay. And is there anything, like, special people in your life right now… |
| 00:03:40.3 | PT | Um … |
| 00:03:40.3 | HCP1 | … you’re seeing? |
| 00:03:42.6 | PT | Me and an old friend, we just connected. |
| 00:03:45.1 | HCP1 | You reconnected. |
| 00:03:46.1 | PT | Yes. |
| 00:03:46.3 | HCP1 | Okay. Is it just like casual, or …? |
| 00:03:48.5 | PT | Um, it’s casual [00:03:50.0]. |
| 00:03:50.0 | HCP1 | Okay. All right. |
| 00:03:51.5 | PT | Um, sexual and stuff. |
| 00:03:52.8 | HCP1 | Sexual. Okay. That was my next question. You answered it for me. Okay. So, sexually active. Is it oral, anal? |
| 00:03:58.1 | PT | Um, both. |
| 00:03:59.3 | HCP1 | Both. Are you receiving, giving, both? |
| 00:04:01.5 | PT | Both. |
| 00:04:02.1 | HCP1 | Both. Okay. And, um, uh, do you have any concerns about that currently? |
| 00:04:06.3 | PT | Um, well, we always use protection. |
| 00:04:08.3 | HCP1 | You always … |
| 00:04:08.7 | PT | [00:04:08.5] |
| 00:04:08.7 | HCP1 | … use protection. Okay. So he knows your status. |
| 00:04:11.0 | PT | Yes. |
| 00:04:11.3 | HCP1 | And you guys know everything [00:04:12.9]. |
| 00:04:13.6 | PT | Yes. |
| 00:04:13.6 | HCP1 | Great. Awesome. |
| 00:04:14.5 | PT | Thank you. |
| 00:04:15.1 | HCP1 | Okay. Last couple questions. How – um, so I know you do smoke marijuana, right? |
| 00:04:20.3 | PT | Um … |
| 00:04:21.0 | HCP1 | [00:04:21.0] |
| 00:04:21.7 | PT | … laid off of it. |
| 00:04:22.8 | HCP1 | Good. |
| 00:04:22.8 | PT | I have – yes, I’m on and off. |
| 00:04:24.6 | HCP1 | On and off. Okay. Let me see – what [00:04:27.1] always read about – okay. So, one or two times per week. Is it less than that now? |
| 00:04:32.9 | PT | It’s maybe like once a week. |
| 00:04:34.1 | HCP1 | Once a week. Okay. |
| 00:04:34.5 | PT | If – maybe like, well, I’d say maybe like twice a month. |
| 00:04:37.9 | HCP1 | Okay, twice a month. |
| 00:04:38.7 | PT | Yes. |
| 00:04:38.8 | HCP1 | Okay. Once a week to twice a month, depending. Okay, good. Good. That’s important. |
| 00:04:43.3 | PT | Thank you. |
| 00:04:43.9 | HCP1 | That’s really good. Keep working on it. |
| 00:04:45.1 | PT | Thank you. |
| 00:04:45.4 | HCP1 | Uh, I know sometimes we feel like we need to depend on things, but it’s better to cut down. |
| 00:04:48.9 | PT | Yes. |
| 00:04:48.9 | HCP1 | So that’s really, really great. |
| 00:04:50.2 | PT | Thank you. |
| 00:04:50.8 | HCP1 | Um, and then, sometimes you drink, right? |
| 00:04:53.0 | PT | I was, um, that, another reason why they took me off work – I, um, had a drinking problem. |
| 00:04:59.1 | HCP1 | Mm-hmm. |
| 00:04:59.7 | PT | So, um, they set me up with a counselor, and I was going … |
| 00:05:02.4 | HCP1 | Okay. |
| 00:05:02.9 | PT | … to AA meetings, which … |
| 00:05:04.1 | HCP1 | Okay. |
| 00:05:04.1 | PT | … kind of slowed my drinking habits down. |
| 00:05:05.9 | HCP1 | Okay. So now how much are you drinking? |
| 00:05:09.8 | PT | Mm, it went from drinking literally every day … |
| 00:05:13.3 | HCP1 | Uh-huh. |
| 00:05:13.3 | PT | … to, I think the last time I had a drink was Thanksgiving. |
| 00:05:17.1 | HCP1 | Okay. I have to give you a hug for that. That’s, like, really good. Good job. |
| 00:05:20.3 | PT | Thank you. |
| 00:05:21.2 | HCP1 | That’s fantastic. It sounds like you’re really, really making a lot of good choices. |
| 00:05:24.8 | PT | Thank you. |
| 00:05:25.4 | HCP1 | Like, like turning things around. So that’s really great. Do you want to know your numbers from last time? |
| 00:05:30.2 | PT | Please. |
| 00:05:30.6 | HCP1 | So, your viral load is like less than 20, which is, like, undetectable. |
| 00:05:33.5 | PT | Okay. |
| 00:05:33.5 | HCP1 | So that’s really great. |
| 00:05:34.8 | PT | Cool. Thank you. |
| 00:05:35.5 | HCP1 | Awesome. There’s lots of good things. |
| 00:05:36.9 | PT | Thank you. |
| 00:05:37.5 | HCP1 | Um, and everything else was good. There’s no other issues or anything like that. So today she’ll probably want to get a couple more labs, because I know there wasn’t as many last time. So that’s probably what we’ll do today. Dr. Secord will come in and talk to you. So, if you have any more questions about that, alcohol and marijuana…and you want more resources from us, just like let us know, and … |
| 00:05:54.4 | PT | Okay. |
| 00:05:55.0 | HCP1 | So this is really good. |
| 00:05:55.7 | PT | Thank you. |
| 00:05:56.0 | HCP1 | Like, keep it up. |
| 00:05:57.0 | PT | Thank you so much. |
| 00:05:57.0 | HCP1 | You’re doing great. |
| 00:05:58.2 | PT | Thank you. |
| 00:05:58.2 | HCP1 | Keep with the AA, that’s fantastic, and enjoy your comeback at work. I’m sure it’ll be good to be back and see everyone. |
| 00:06:03.7 | PT | Yes. Thank you |
| 00:06:05.1 | HCP1 | All right. Anything else you want to ask? |
| 00:06:06.6 | HCP2 | No, I think you’re really thorough. Good job. |
| 00:06:08.4 | HCP1 | All right. |
| 00:06:08.7 | PT | Thank you so much. |
| 00:06:09.9 | HCP2 | Anything else, any questions you have or … |
| 00:06:11.6 | PT | [00:06:11.6] I think … |
| 00:06:11.6 | HCP2 | … anything you want to talk about? |
| 00:06:12.2 | PT | … I’ve been having some problems with my back. |
| 00:06:15.2 | HCP1 | Oh, okay. |
| 00:06:16.1 | PT | Uh, like, really, my – sore. |
| 00:06:19.0 | HCP1 | Uh-huh. |
| 00:06:19.1 | PT | Like, um, it started off down here a few months ago. Um, I know that Dr. Secord or Patrice gave me a prescription to get a different chair at work. |
| 00:06:28.2 | HCP1 | Mm-hmm. |
| 00:06:28.2 | PT | Um, now it’s starting, like, my whole back. Like, when I lift, like when I lift, or when I bend down … |
| 00:06:35.6 | HCP1 | Mm-hmm. |
| 00:06:36.3 | PT | … sometimes I feel like it’s about to give out, so I have to lean against something. Um, I don’t know. I’ve been taking Motrin 800 for it, but I don’t want to keep taking Motrin ever time my back hurts. I don’t know … |
| 00:06:48.3 | HCP1 | Okay. |
| 00:06:48.3 | PT | … what’s going on. Also, my hands. Like, they lock up, and then they seem like they get stiff. |
| 00:06:53.5 | HCP1 | Do you type a lot? |
| 00:06:55.0 | PT | Yes. |
| 00:06:55.4 | HCP1 | Like a lot, a lot? |
| 00:06:56.1 | PT | Yes. |
| 00:06:56.6 | HCP1 | Okay. |
| 00:06:57.5 | PT | And that’s pretty much it. |
| 00:06:58.7 | HCP2 | Are you on the computer most of the day? |
| 00:07:00.4 | PT | Yes. |
| 00:07:00.4 | HCP2 | Yes. Sitting down? |
| 00:07:01.4 | PT | Yes. |
| 00:07:01.6 | HCP2 | Do you do any like lifting of boxes or anything like that at work? |
| 00:07:04.2 | PT | No. |
| 00:07:04.9 | HCP2 | No. When is your pain the worst? Usually when you’re standing? When you’re sitting? |
| 00:07:08.8 | PT | Um … |
| 00:07:09.2 | HCP2 | The, the pain in your back. |
| 00:07:11.7 | PT | Um, it’s kind of both. |
| 00:07:14.0 | HCP2 | Both. |
| 00:07:14.3 | PT | Mm-hmm. |
| 00:07:14.9 | HCP2 | Is it worse in the morning or at night? |
| 00:07:17.1 | PT | Night. Uh, it’s really worse at night. |
| 00:07:18.5 | HCP2 | Worse at night, after [00:07:19.5] |
| 00:07:19.5 | PT | [00:07:19.5] |
| 00:07:19.9 | HCP2 | … the whole day? |
| 00:07:20.8 | PT | Mm-hmm. |
| 00:07:21.5 | HCP2 | Yes. |
| 00:07:21.5 | PT | Like, I can’t even, like, lay down. |
| 00:07:24.0 | HCP2 | Okay. How often are you taking a Motrin 800? |
| 00:07:27.0 | PT | Um, normally, sometimes if I, if it hurts at work, I take it when I’m at work; or I normally take it before I go to sleep. |
| 00:07:33.6 | HCP2 | So at least once a day, every day. |
| 00:07:35.4 | PT | Yes. |
| 00:07:35.8 | HCP2 | How long have you been taking that for? |
| 00:07:37.2 | PT | For about two and a half weeks. |
| 00:07:39.4 | HCP2 | Two and a half weeks, every single day. Has your stomach been bothering you at all? |
| 00:07:42.4 | PT | No. |
| 00:07:43.0 | HCP2 | Make sure when you take Motrin, you take it with a piece of bread or some crackers. Make sure you have a full stomach, because it can bother your stomach. |
| 00:07:48.9 | PT | Okay. Okay. |
| 00:07:50.0 | HCP2 | Um, if – are you having any bleeding when you go to the bathroom, when you’re pooping, anything like that? |
| 00:07:54.3 | PT | No. |
| 00:07:54.2 | HCP2 | Any dark stools? |
| 00:07:55.1 | PT | No. |
| 00:07:55.9 | HCP2 | No. Okay. And is your pain going anywhere? Is it radiating down your legs? |
| 00:08:00.8 | PT | Um, just going from, like, my sides up the lower of my back … |
| 00:08:04.6 | HCP2 | Lower back. |
| 00:08:04.9 | PT | … to the top of my back. |
| 00:08:06.8 | HCP2 | Top of your back. Okay. Okay. But it’s not radiating down. |
| 00:08:10.4 | PT | No. |
| 00:08:11.0 | HCP2 | No. Okay. Have you ever tried physical therapy in the past? |
| 00:08:14.4 | PT | No. |
| 00:08:14.7 | HCP2 | Did they get you a new chair at work? |
| 00:08:16.2 | PT | They did, and the chair is comfortable; but it’s, it’s still – I, I don’t know. It’s like – I don’t, it’s not really … |
| 00:08:22.3 | HCP2 | It’s not enough. |
| 00:08:23.1 | PT | Yes. |
| 00:08:23.6 | HCP1 | It’s not enough. Okay. We can examine you and talk to Dr. Secord. |
| 00:08:26.6 | PT | Okay. |
| 00:08:26.9 | HCP2 | Anything else? |
| 00:08:28.0 | PT | No. Nope, that’s it. |
| 00:08:28.9 | HCP2 | No. |
| 00:08:29.6 | HCP1 | The other thing you can do, too, is get like a pillow or something to prop you, so you’re sitting straight and, like, not, you know … |
| 00:08:35.0 | PT | Right. |
| 00:08:35.0 | HCP1 | … leaning one way. |
| 00:08:36.3 | PT | Okay. |
| 00:08:36.3 | HCP1 | Something comfortable. |
| 00:08:37.1 | PT | Okay. |
| 00:08:37.1 | HCP1 | That can be an option too. Dr. Secord herself sits on a ball, it’s really interesting. |
| 00:08:40.1 | PT | Does she? |
| 00:08:41.1 | HCP1 | Yeah she does. |
| 00:08:42.7 | HCP2 | It sounds like muscle pain, like musculoskeletal pain, we call it. |
| 00:08:46.2 | PT | Okay. |
| 00:08:46.6 | HCP2 | Especially because you’re saying it gets worse as the gay goes by, as you’re moving and working and sitting for a while. |
| 00:08:52.4 | PT | Right. |
| 00:08:53.4 | HCP2 | I think physical therapy might help you, or even just some stretching exercises. Sometimes you just need to go a few times. |
| 00:08:59.5 | PT | Mm-hmm. |
| 00:09:00.2 | HCP1 | And they can teach you, like, what to do, like, how to stretch and how to, um, relieve that tension; and you can, you can do it by yourself after that. |
| 00:09:07.8 | PT | Okay. |
| 00:09:08.9 | HCP2 | But it could also be just from sitting all day. I know when I study, that happens to me, too. If I’m sitting all day studying, my back starts to hurt, and my neck starts to hurt. |
| 00:09:17.2 | PT | Okay. |
| 00:09:18.1 | HCP1 | If you, if your work is like really [00:09:19.2] hands and arms are probably from typing. |
| 00:09:23.2 | PT | Yes. |
| 00:09:23.1 | HCP1 | IF you feel like it’s tight and locking, just [00:09:25.1]. |
| 00:09:25.2 | PT | Okay. |
| 00:09:33.1 | HCP2 | [00:09:33.1] So no more diarrhea. |
| 00:09:43.9 | PT | No. |
| 00:09:44.3 | HCP2 | Any, um, headaches, blurred vision, double vision? |
| 00:09:47.2 | PT | Mm, no. |
| 00:09:48.3 | HCP2 | [00:09:48.3] runny nose, congestion, sneezing? Any sore throat? |
| 00:09:51.9 | PT | No. |
| 00:09:52.4 | HCP2 | Sores in your mouth? |
| 00:09:53.5 | PT | No. |
| 00:09:53.9 | HCP2 | No. Any chest pain? |
| 00:09:55.8 | PT | No. |
| 00:09:56.3 | HCP2 | Difficulty breathing? |
| 00:09:57.4 | PT | You know what; I’m going to back to that question. Yes. I do have chest pain, but at first it was just like normal. Now it’s whenever I press on my chest. |
| 00:10:07.2 | HCP2 | Whenever you press on your chest. Okay. Does it hurt more when you take, like a big, deep breath? |
| 00:10:10.5 | PT | No. |
| 00:10:11.3 | HCP2 | No. Just when you press on your chest. Okay. Is it worse when you’re doing activity, like when you’re going up and down the stairs? |
| 00:10:17.2 | PT | No. |
| 00:10:18.0 | HCP2 | Is there any time, like, you press on your chest, it just feels a little bit sore? |
| 00:10:21.1 | PT | Yes. |
| 00:10:21.6 | HCP2 | Okay. Any belly pain? |
| 00:10:23.1 | PT | No. |
| 00:10:23.4 | HCP2 | No. Um, any pain with urination? |
| 00:10:26.0 | PT | No. |
| 00:10:26.7 | HCP2 | Any discharge? |
| 00:10:27.7 | PT | No. |
| 00:10:28.2 | HCP2 | No. Aches and pains in your joints besides your back? |
| 00:10:30.6 | PT | No. |
| 00:10:31.2 | HCP2 | Any rash anywhere? |
| 00:10:32.4 | PT | No. |
| 00:10:32.6 | HCP2 | No. |
| 00:10:32.6 | PT | Do you need me to take this vest off? |
| 00:10:36.1 | HCP1 | [00:10:36.1] Can you put your hands together [00:10:43.5]. Does that hurt? Does that cause you extreme pain? Okay. Can you look up? [00:11:05.2] I know when we come at your face you think we’re going [00:11:08.3] say ah. |
| 00:11:10.6 | PT | Ah. |
| 00:11:15.2 | HCP2 | Do you have any bruises like on your chest? Did you get into something, or hit yourself, anything like that? |
| 00:11:19.8 | PT | Um, no. I thought at first it was a – because I helped my uncle move [00:11:23.4]. |
| 00:11:24.0 | HCP2 | Yes, like you pulled a muscle or something. |
| 00:11:25.3 | PT | Mm-hmm. But it’s … |
| 00:11:27.1 | HCP2 | It hurts different. |
| 00:11:27.6 | PT | It’s tender right there. |
| 00:11:29.3 | HCP2 | Okay. |
| 00:11:32.2 | PT | Yes, right there. |
| 00:11:33.1 | HCP2 | Just tender. Okay. Do you mind unbuttoning your shirt? |
| 00:11:35.0 | PT | Sure. I have on a few layers, because it’s cold. |
| 00:11:38.6 | HCP1 | It is cold. |
| 00:11:38.6 | HCP2 | I know [00:11:38.9]. |
| 00:11:39.9 | HCP1 | It’s getting to be that time. |
| 00:11:41.1 | PT | Yes. |
| 00:11:41.8 | HCP2 | I just want to make sure you [bruises]. |
| 00:11:43.9 | PT | Okay. |
| 00:11:47.3 | HCP2 | When were you helping your uncle move some stuff? |
| 00:11:49.4 | PT | Um, it was about…I think he moved into his apartment about a week or two ago. |
| 00:11:53.7 | HCP2 | And is it after that? |
| 00:11:55.5 | PT | Um, after, yes. |
| 00:11:56.4 | HCP2 | You don’t look bruised, but it could be, too, just like some musculoskeletal pain. |
| 00:12:00.5 | PT | Okay. |
| 00:12:00.5 | HCP2 | Okay. Well, when you take the Motrin for your back, does that help that pain? |
| 00:12:04.0 | PT | Yes. |
| 00:12:04.8 | HCP2 | Yes. Okay. Okay. Just give us a couple minutes, and we’ll be right back. |
| 00:12:09.6 | PT | Okay. |
| 00:12:10.6 | HCP1 | Probably, like, a lot of it’s related to like the stuff you said like lifting and turning and [00:12:14.5]. At least diarrhea and stomach pain is gone right? One thing is out of the way. |
| 00:12:20.8 | PT | Right. |
| 00:12:20.8 | HCP1 | One thing is out of the way. |
| 00:12:22.0 | PT | Right. Thank you. |
| 00:12:34.6 | HCP2 | We’ll be back in a few. |
| 00:12:35.8 | PT | Okay. |
|  |  | 0:12:44.2 - 0:25:58.9 BREAK IN CLINICAL INTERACTION |
| 00:25:58.9 | HCP3 | Hi! I heard you were fashionably dressed today, so I had to come and take a look. So … |
| 00:26:06.3 | PT | Thank you. |
| 00:26:07.0 | HCP3 | Now, our student was commenting and wanting to [00:26:09.4] that you had the best fashion sense of the day. |
| 00:26:12.2 | PT | Thank you. |
| 00:26:12.3 | HCP3 | so far. Actually, it is true. But we all [00:26:17.1]. |
| 00:26:17.8 | PT | [00:26:17.8] |
| 00:26:18.2 | HCP3 | But you look great. |
| 00:26:19.0 | PT | Thank you. |
| 00:26:19.9 | HCP1 | There was a blank piece of paper [00:26:21.0]. |
| 00:26:21.5 | HCP3 | For the musculoskeletal stuff, um, and for, you know, the back issues, instead of taking Motrin, you’ll get more mileage out of Naprosyn. We’ll send it in so that you can pick it up by prescription. |
| 00:26:34.7 | PT | Okay. |
| 00:26:34.8 | HCP3 | We’ll give you, like, a high dose to start, 500 mg twice a day, um, with Zantac. If you take enough of the anti-inflammatory for it to work, you have to protect your stomach. So take both. And then, when it’s working well, and you’re not feeling the pain in your hands anymore, then go down to once a day. |
| 00:26:52.0 | PT | Okay. |
| 00:26:52.7 | HCP3 | Meanwhile, we’ll try to get you to, um, physical and occupational therapy; occupational for the hands, physical for the back … |
| 00:27:00.0 | PT | Okay. |
| 00:27:00.4 | HCP3 | … and see if they have any, um, ideas, you know, to – like, exercises and, uh, they may get you a wrist guard for the typing. |
| 00:27:08.9 | PT | Okay. |
| 00:27:09.6 | HCP3 | Yes, because that, that helps with the carpal tunnel sort of things. Isn’t it funny, like, you know, I think farmers used to have different sorts of aches, when everyone was [00:27:17.6], but now that we’re doing this all the time, we hurt our hands. |
| 00:27:21.0 | PT | Yes. |
| 00:27:21.5 | HCP3 | But, you know, life is interesting. So how’ve you been? |
| 00:27:24.3 | PT | I’ve been fine. |
| 00:27:25.0 | HCP3 | I heard you’re doing well, no drinks since Thanksgiving. |
| 00:27:28.2 | PT | I know. Thank you. Thank you. |
| 00:27:30.4 | HCP3 | So, um, you go to the meetings. How often? |
| 00:27:34.0 | PT | I, um, I haven’t been [00:27:35.8] I went – I haven’t been this week. The last time I went was Friday. So I’ll go, maybe, like twice or three times a week. |
| 00:27:43.1 | HCP3 | Yes. Good for you. Good for you. It helps a lot. |
| 00:27:45.5 | PT | Yes. |
| 00:27:45.4 | HCP3 | Yes. So just keep that up. |
| 00:27:46.6 | PT | Thank you. |
| 00:27:47.6 | HCP3 | Get your, get your relationships there. You’ve got a sponsor, or you don’t have a sponsor yet? |
| 00:27:53.0 | PT | No, I don’t have a sponsor yet. |
| 00:27:53.7 | HCP3 | Yes. Well, you know, that would be a good idea, too, because once you get a sponsor, you have somebody you can call when you’re [00:27:58.3] getting near to taking that drink. |
| 00:28:02.5 | PT | Okay. |
| 00:28:02.5 | HCP3 | So, yes. So … |
| 00:28:02.7 | PT | Thank you. |
| 00:28:04.0 | HCP3 | [00:28:04.0] this is to – okay. There we go. Excellent. Probably have a little bit of that chest pain – you know, people who have sort of a thin chest wall get more of this reproducible musculoskeletal pain. You were lifting things … |
| 00:28:35.9 | PT | Mm-hmm. |
| 00:28:36.4 | HCP3 | You don’t look big enough to be lifting things. Stop it. Let me see the back of your throat. So … Perfect. Okay. Anything else that you’re concerned about? |
| 00:28:48.3 | PT | Um, nope. That’s pretty much it. |
| 00:28:50.2 | HCP2 | Complera |
| 00:28:50.4 | HCP3 | [00:28:50.4] the, oh, um, yes. Like, where is my mind? So if you’re having a little bit of dizziness, let’s try switching you to a different med. |
| 00:28:59.1 | PT | Okay. |
| 00:28:59.2 | HCP3 | It’s called Triamec. But we can’t do that ‘til we get two labs. |
| 00:29:02.8 | PT | Okay. |
| 00:29:03.3 | HCP3 | So we’re going to get those labs today. As long as these are good, then we’re going to switch you, okay? Because if that’s what’s causing the dizziness, and these labs, uh, show, that you won’t happen to have allergy, and you’re not resistant to the Triamec, it shouldn’t have that side effect. |
| 00:29:16.9 | PT | Okay. |
| 00:29:17.3 | HCP3 | I had a few people with mild complaints on the Complera. It’s unusual, but it happens. I haven’t had anyone, knock on wood, complain on the Triamec. |
| 00:29:26.5 | PT | Okay. |
| 00:29:27.1 | HCP3 | So, why don’t we have you back, let’s see, you know, a month. |
| 00:29:31.6 | PT | Okay. |
| 00:29:31.6 | HCP3 | And we’ll just reorganize, and if I get this back before then, I’ll give you a call and send it in. |
| 00:29:38.1 | PT | Okay. |
| 00:29:38.4 | HCP3 | Okay? |
| 00:29:38.6 | PT | Okay. |
| 00:29:39.1 | HCP3 | Okay. Get out of here. |
| 00:29:39.9 | PT | Okay. Thank you. |
| 00:29:40.4 | HCP3 | We’ll take you up front and see if we can get, um, Irvin to get your PT appointment. |
| 00:29:46.5 | PT | Okay. |
| 00:29:46.5 | HCP3 | All right? |
| 00:29:47.0 | PT | Okay. |
| 00:29:47.0 | HCP3 | Okay. Should we just write a script, though? Because you’re going to the same place, you know. Do you work in, um, town? |
| 00:29:56.8 | PT | Um, no, in Canton. |
| 00:29:58.3 | HCP3 | Okay. So you may want to find someplace near work, or, um, or near your house. But we’ll say OT and PT, evaluate and treat; um, diagnosis, wrist and back pain. |
| 00:30:20.5 | PT | Okay. |
| 00:30:21.2 | HCP3 | Do you have a label? – |
| 00:30:24.0 | HCP1 | Right there. |
| 00:30:25.0 | HCP3 | What is the matter with me? Don’t answer that. And then if they need – you know, when you find a place, take that, because they’ll want the script. You can look for places near your house and your work … |
| 00:30:48.2 | PT | Okay. |
| 00:30:48.2 | HCP3 | … that do physical therapy, and then, um, if they have more paperwork, then you’ll fill out those. Just fax it to us, and we’ll fill out more complete forms. |
| 00:30:55.9 | PT | Okay. Thanks. |
| 00:30:56.1 | HCP3 | Okay? |
| 00:30:57.5 | PT | Um, can you just let me know which pharmacy you’re going to send that medication to? |
| 00:31:01.2 | HCP2 | I sent it to [00:31:01.6]. |
| 00:31:02.2 | PT | [00:31:02.2] okay. Cool, yes. |
| 00:31:03.9 | HCP3 | Yes, whatever one you give them up front, we send it. |
| 00:31:05.6 | PT | Okay. Perfect. And that’s pretty much it. |
| 00:31:08.5 | HCP3 | Okay. Well, we’ll walk you out front. We’ll get you a one month appointment, and then we’ll send you to the lab. Is this all yours? |
| 00:31:13.5 | HCP1 | [00:31:13.5] |
| 00:31:14.1 | HCP3 | Why are we signing [00:31:14.6]? |
| 00:31:15.9 | HCP1 | Oh, yes. [00:31:17.6] |
| 00:31:17.3 | HCP2 | Oh, we need to sign. |
| 00:31:19.7 | HCP3 | What is this? |
| 00:31:19.8 | HCP2 | This is for the study. |
| 00:31:21.3 | HCP3 | Oh, okay. So … |
| 00:31:23.7 | HCP2 | Do I need to put my name? |
| 00:31:23.7 | HCP3 | So if you need anything before you come back, call. |
| 00:31:27.7 | PT | Okay. –  Thank you so much. |
| 00:31:33.1 | HCP3 | Yes. You know, if you – any paperwork you need filled out, you let us know. |
| 00:31:37.2 | PT | Okay. |
| 00:31:37.9 | HCP3 | When do you go back to work? |
| 00:31:39.1 | PT | Um, I heard tomorrow, but I have to call them back and [00:31:44.4]. |
| 00:31:44.2 | HCP3 | You’ll have to make some arrangements, so … |
| 00:31:47.0 | PT | Yes, I know. So … |
| 00:31:48.8 | HCP3 | Is that okay with you, to go back to work? |
| 00:31:50.9 | PT | Um, financial wise, it is; but I don’t know. |
| 00:31:56.7 | HCP3 | You’re not sure if you’re emotionally ready. Okay. |
| 00:31:58.5 | PT | Yes. So I’m going to see. I’m going to call back today and see if they want me to [00:32:05.2]. |
| 00:32:05.2 | HCP1 | We believe in you. |
| 00:32:06.1 | PT | Thank you. |
| 00:32:06.1 | HCP3 | Yes. No, you’re doing, you’re doing very well. |
| 00:32:08.7 | PT | Thank you. |
| 00:32:09.3 | HCP3 | You know, we’re thrilled with how you’re doing. I’m very proud of you. |
| 00:32:12.6 | PT | Thank you so much. |
| 00:32:12.9 | HCP3 | If you need anything for work, you let us know. |
| 00:32:16.2 | PT | Okay. |
| 00:32:16.7 | HCP3 | [00:32:16.7] if you don’t want this anymore, you’ll let me know; because I like that. |
| 00:32:22.3 | PT | Thank you. |
| 00:32:22.3 | HCP3 | And you know, so that’ll be very good. |
| 00:32:24.1 | PT | Thank you. |
| 00:32:24.1 | HCP3 | Like, my cell phone would fit in there. So … |
| 00:32:25.7 | PT | Yes. |
| 00:32:25.7 | HCP3 | So, and don’t leave this, because I could use that, too. |
| 00:32:27.8 | PT | Okay. – |
| 00:32:30.7 | HCP3 | Don’t leave anything behind because, you know, I can’t be trusted. Take care. – |
| 00:32:51.2 | HCP1 | I probably recorded you, too. [00:32:53.0] |
| 00:32:58.2 | HCP3 | I don’t know the time he came in. |
| 00:33:00.1 | HCP1 | That’s okay. [00:33:01.2]. |
| 00:33:01.6 | HCP3 | Oh, look at the time. |
| 00:33:04.3 | HCP1 | I’ll figure it out. [00:33:04.0]. |

[End of recorded material at 00:34:15.8]